**FREE PAINT CHART: PAINT SHEEN SELECTOR**

*Use this chart to select the paint sheen you need depending on the room and the amount of traffic*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Flat | Eggshell | Satin | Semi-Gloss | High Gloss |
| Sheen Level | No Sheen | Low Sheen | Medium Sheen | Medium to High Sheen | High Sheen |
| Traffic Area | Low Traffic | Medium Traffic | Medium to High Traffic | Medium to High Traffic | High Traffic |
|  |  |  |  |  |  |
| Living Room |  |  |  |  |  |
| Dining Room |  |  |  |  |  |
| Master Bedroom |  |  |  |  |  |
| Kitchen |  |  |  |  |  |
| Bathroom |  |  |  |  |  |
| Hallway |  |  |  |  |  |
| Kids Bedroom |  |  |  |  |  |
| Woodwork |  |  |  |  |  |
| Trim |  |  |  |  |  |
| Cabinets |  |  |  |  |  |
| Doors |  |  |  |  |  |